



25 Project Ideas for Diabetes Awareness and Action

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1. Organize a “Strides: Lions for Diabetes Awareness” event in your community.
2. Organize a community support group for parents of children with diabetes.
3. Volunteer to serve at a children’s camp for diabetes.
4. Invite a healthcare professional to speak about diabetes at your club or district meeting.
5. Support your nearest diabetes foundation.
6. Partner with local healthcare providers to organize diabetes and vision screenings.
7. Distribute current educational resources to increase diabetes awareness at a community health fair or other event.

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8. Organize a walking club for seniors with diabetes.
9. Provide a diabetes magazine subscription to your local library.



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10. Sponsor a child in need to attend a diabetes camp.
11. Donate current diabetes books to your local library and insert a bookplate to identify your club’s donation.
12. Participate in World Diabetes Day events on November 14.
13. Work with your local school to invite a health care professional to speak about diabetes.
14. Post monthly articles about diabetes on your club or district website.
15. Promote diabetes prevention through a radio public service announcement.

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13. Work with your local school to invite a health care professional to speak about diabetes.
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15. Promote diabetes prevention through a radio public service announcement.

16. Sponsor a healthy cooking demonstration for people with diabetes.

17. Organize a school or community vegetable garden to encourage healthy eating.



18. Work with a community podiatrist or foot care specialist to provide foot screenings.

19. Work with health care professionals to provide "at-risk" populations in your community with screenings and educational materials.

20. Partner with your local diabetes organization to offer programs and materials.

21. Promote community resources and materials available online from LCI partner organizations (NDEP, DECA and IDF).

22. Hold a fundraiser for a local diabetes camp or foundation.

23. Provide financial assistance to people in need to help them obtain medicine and supplies for the management of their diabetes.

24. Promote the importance of an annual dilated eye exam to detect diabetic eye disease.

25. Provide translated diabetes educational materials to schools, libraries and physician offices.



Lions Clubs International
HEALTH AND CHILDREN'S SERVICES DEPARTMENT
300 W 22ND ST
Oak Brook IL 60523-8842 USA
Phone: 630-468-6728
Fax: 630-571-1692
programs@lionsclubs.org
www.lionsclubs.org

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